

Sharon Community Education



Adult Education, Winter/Spring 2026



Classes Begin January 8th!

**DAYTIME, EVENING CLASSES AND
ONLINE CLASSES 24/7**

Sharoncommunityeducation.com

Happy Holidays!

Community Education is very proud to continue to serve Sharon and surrounding communities with our Adult Education programs. We had an amazing Fall session to kick off the 2025/2026 year and are excited to keep the fun going in the new year! We are happy to add to our daytime, evening and virtual class offerings in our effort to provide an expansive and well-rounded program with something for everyone. We are also continuing our partnership with Ed2Go to provide career training options, professional development, and additional enrichment programming. Ed2Go is entirely online and accessible 24/7 with hundreds of courses to choose from.

In addition to our programs, we proudly serve the Sharon community and beyond by providing space for meetings, gatherings, lectures and seminars in our multipurpose space located at Sharon High School. We have hosted events and meetings from Friends of Sharon Public Library, Sharon Gardening Club, Sharon Community Chorus, 4-H Club, PTSO and Sharon Police Department to name a few! If you are interested in renting program space, email snorton1@sharonschools.net.

As always, Make today the day to learn something new!

Sincerely,

Sara, Erin, Bridget and Alex.



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To learn more about Adult Education and register for programs online, visit www.sharoncommunityeducation.com/programs/adult-education or scan this QR code with your mobile device!



Sharon Community Education is a self-sustained branch of the Sharon Public Schools. We support all people who are interested in academic, social, and cultural development. Sharon Public Schools does not discriminate on the basis of age, color, disability, gender identity, homelessness, national origin, race, religion, sex or sexual orientation.



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Community Education is dedicated to serving the community. Please continue to share your suggestions for programs you would like to see or if you would like to join our team of instructors, please contact us. We are always looking for new and interesting classes. Be sure to check our website for the most up to date information.
www.sharoncommunityeducation.com

Questions, Comments, Concerns, Ideas? Please do not hesitate to contact us: Sharon Community Education-Adult Ed.
 Phone: (781) 784-1574 x 5 or email: snorton1@sharonschools.net



Superintendent: Dr. Peter Botelho
 Assist. Superintendent: Ellen Whittemore
 Assist. Superintendent: Dr. Joel Jocelyn
 Assist. Director of Community Ed: Erin McCabe
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Discount Tickets!

Gift yourself or loved ones with
discounted tickets from Community Ed!



VS.



Boston Celtics vs. Oklahoma City Thunder

Wednesday, 3/25/26 at 7:30 pm

TD Boston Garden

\$165 (Balcony, Section 308)

Limited tickets still available



Kimberly Akimbo

Thursday, 5/7/26 at 7:30 pm

Providence Performing Arts Center

\$55 (Rear Orchestra Seats)

**Tickets are available on a first come first serve basis and all sales are final.
Tickets can be reserved online at: www.sharoncommunityeducation.com or by
calling: (781) 784-1574 x 5.**

NEW!

Phone Photo Rescue Workshop for Beginners *Virtual Class*

Instructor: Nickie Welsh

Are you overwhelmed or running out of storage with all of the photos just sitting on your phone? In our live online workshop, learn to delete the clutter, create printed photo books and protect your precious memories forever. In just one hour, you'll transform your chaotic photo collection into an organized library you can actually navigate, plus learn maintenance habits that take only minutes each week, without any confusing tech jargon.

CLASS DATE: Thursday, 3/5/26 **OR** Thursday, 5/21/26 (Select one date at registration)
TIME: 1:00 to 2:00 PM
LOCATION: Virtual Class
TUITION: \$29

Fast-Track to Social Media Marketing for Business *Virtual Class*

Instructor: Nickie Welsh

Take your business to new heights with our fast-paced, comprehensive session designed to equip business owners, entrepreneurs, and marketing professionals with the essential skills and strategies needed to leverage social media for business success. Learn how to effectively reach your target audience, increase brand awareness, and drive engagement across major social media platforms.

CLASS DATE: Tuesday, 2/10/26 **OR** Thursday, 5/14/26 (Select one date at registration)
TIME: 1:00 to 2:00 PM
LOCATION: Virtual Class
TUITION: \$29

Technology

One-Hour Instagram Mastery: Grow Your Business Today *Virtual Class*

Instructor: Nickie Welsh

Curious about how Instagram can drive significant growth for your customer base and sales? This engaging beginner-level class has the answers you need to grow your business with Instagram. Discover the key steps to boost your company's bottom line. Plus, learn to create irresistible content and have fun along the way! Join us to unlock the potential of Instagram for your business.

CLASS DATE: Tuesday, 1/27/26
TIME: 1:00 to 2:00 PM
LOCATION: Virtual Class
TUITION: \$29

Google Sheets for Awesome Beginners *Virtual Class*

Instructor: Nickie Welsh

Unlock the full potential of Google Sheets and gain skills that will benefit you for a lifetime! Whether you're using it for work or personal projects, this comprehensive class will transform you from a novice into an expert. You'll master the essential functions of Google Sheets, including entering, organizing, refining, analyzing, and visualizing data. Join us to build a solid foundation in Google Sheets and enhance your productivity and data management capabilities!

CLASS DATE: Thursday, 1/29/26
TIME: 1:00 to 2:00 PM
LOCATION: Virtual Class
TUITION: \$29

Canva for Awesome Beginners *Virtual Class*

Instructor: Nickie Welsh

Unlock a world of creative possibilities with Canva, the ideal digital tool for beginners and novices! This class will teach you how to harness the power of Canva, the easiest design website available, all for free. You'll learn to create stunning designs from scratch or use templates with step-by-step guidance for any digital image you need. Whether it's online documents, business cards, email signatures, or more, you'll leave this class with the confidence and skills to use Canva effectively and creatively.

CLASS DATE: Tuesday, 1/20/26, Tuesday, 3/24/26 **OR** Tuesday, 5/19/26 (Select one date at registration)
TIME: 1:00 to 2:00 PM
LOCATION: Virtual Class
TUITION: \$29

Practical ChatGPT Training for Everyone *Virtual Class*

Instructor: Nickie Welsh

Have you been curious about what ChatGPT is exactly and how it can be used? Join our fun and engaging class to learn everything you need to know about ChatGPT powered by Artificial Intelligence. Understand how it works and why it's taking the world by storm. You'll explore practical everyday uses for ChatGPT in both the workforce and at home, ensuring you stay in the loop when ChatGPT is mentioned in conversations and on the news. Don't get left behind in today's tech-savvy world—attend this essential training today!

CLASS DATE: Tuesday, 1/13/26, Tuesday, 3/17/26 **OR** Tuesday, 5/12/26 (Select one date at registration)
TIME: 1:00 to 2:00 PM
LOCATION: Virtual Class
TUITION: \$29

Unlocking the Power of ChatGPT for Marketing Success *Virtual Class*

Instructor: Nickie Welsh

This workshop is designed for marketers who are familiar with ChatGPT and want to learn how to effectively leverage its capabilities for marketing success. In this fast-paced, practical session, you'll discover the potential of ChatGPT and gain hands-on experience crafting effective prompts to generate compelling marketing content. We'll cover key prompting techniques and explore real-world examples across various marketing applications. Leave this session with actionable strategies and a toolkit of prompts you can immediately implement to enhance your marketing efforts.

CLASS DATE: Tuesday, 2/24/26

TIME: 1:00 to 2:00 PM

LOCATION: Virtual Class

TUITION: \$29

Navigate with Uber: Achieve Transportation Freedom *Virtual Class*

Instructor: Nickie Welsh

Do you hate to drive in bad weather or when it's dark outside? Expand your transportation options and independence through the ride sharing service, Uber. In this training workshop, students will learn the basics and gain the knowledge on how to use Uber if needed. We'll also cover how to use Uber at major airports so that you can travel with confidence and use Uber anywhere in the world (without having to ask a friend for a ride). No experience required and training materials will be provided for each attendee.

CLASS DATE: Tuesday, 2/3/26

TIME: 1:00 to 2:00 PM

LOCATION: Virtual Class

TUITION: \$29

How to Use Venmo Safely *Virtual Class*

Instructor: Nickie Welsh

Stay relevant and up to date by learning all about Venmo, the popular mobile payment service. In this class, you'll discover how to securely pay friends and businesses, as well as receive money without the need for cash or checks. You'll gain a confident understanding of setting up Venmo safely, avoiding unnecessary fees, and applying it in real-world scenarios for you and your family. You'll be able to discuss the topic among family, friends and have an understanding of the key terms used when you hear about Venmo in the news! Join us to master Venmo and handle mobile payments with ease and security.

CLASS DATE: Thursday, 2/26/26

TIME: 1:00 to 2:00 PM

LOCATION: Virtual Class

TUITION: \$29

New!

YouTube Channel Starter Kit: Launch in 60 Minutes *Virtual Class*

Instructor: Nickie Welsh

Join our fun and engaging beginner class to learn how to create and launch your very own YouTube channel! Discover how to share your hobbies, advice, tutorials, talents, and more with the world on the largest media platform. We'll guide you through a step-by-step process, ensuring you have all the tools and knowledge to get started today. Dive in and start building your YouTube presence today!

CLASS DATE: Thursday, 2/19/26

TIME: 1:00 to 2:00 PM

LOCATION: Virtual Class

TUITION: \$29

Canva Power Hour: Advanced Tricks That Save You Time! *Virtual Class*

Instructor: Nickie Welsh

Take your Canva skills to the next level with advanced techniques and hidden features that will streamline your design workflow. This one-hour workshop is perfect for users already familiar with Canva basics who want to discover time-saving shortcuts, professional design hacks, and tools that make creating stunning graphics effortless. Leave with insider tips that will transform how you approach design projects and cut your creation time in half.

CLASS DATE: Tuesday, 3/3/26 **OR** Thursday, 5/7/26 (Select one date at registration)

TIME: 1:00 to 2:00 PM

LOCATION: Virtual Class

TUITION: \$29

Post Like a Pro: Navigating Facebook and Instagram with Meta Business Suite *Virtual Class*

Instructor: Nickie Welsh

Learn to efficiently manage your social media presence with this live, interactive online training class! You'll leave the class knowing how to streamline your posting process, schedule content, and leverage insights to boost engagement on both platforms. Whether you're a small business owner, a marketer, or simply looking to sharpen your social media skills, this class will equip you with practical tips and strategies to enhance your online impact. By the end of the session, you'll feel confident navigating Meta Business Suite and ready to make your posts truly shine!

CLASS DATE: Tuesday, 3/10/26

TIME: 1:00 to 2:00 PM

LOCATION: Virtual Class

TUITION: \$29

Art

Framed Glass Painting Workshop

Instructor: Irina Tolmach

Glass painting is a very unique and meditative type of painting. Vivid, bright and translucent colors create beautiful images on the framed glass. No experience is needed, just the willingness to allow yourself to enjoy the colorful adventure. Guided by artist, Irina Tolmach, you will create your own masterpiece.

*All materials and supplies will be provided.

Daytime and Evening Workshops Available!

CLASS DATES: (Select the dates you wish to attend at registration)

Tuesday	1/27/26	6:30 to 8:30 PM
Wednesday	1/28/26	11:00 AM to 1:00 PM
Tuesday	4/14/26	6:30 to 8:30 PM
Wednesday	4/15/26	11:00 AM to 1:00 PM

LOCATION: Community Education, Room 1102

TUITION: \$65 per class (Includes all materials)



NEW!

Learn the Basics and Beyond of Adobe Photoshop and Lightroom

Instructor: Ken Berman

DSLR cameras are capable of capturing beautiful images, but the editing process is how they really come to life! Learn the basics of Adobe Lightroom and Photoshop in order to enhance your photography skills and organize and edit all your photos with professional photographer, Ken Berman!

*Students will need a subscription to Adobe Lightroom and Photoshop.

CLASS DATES: Mondays, 1/26/26 to 2/23/26 (No class 2/16/26) (4 Weeks)

TIME: 5:00 to 6:30 PM

LOCATION: Community Education, Room 1102

TUITION: \$120

Digital Photography 101

Instructor: Ken Berman

Digital Photography 101 will explore key methods and concepts in photography. You will learn how to control your digital camera to become an 'extension of your vision,' and develop images using Adobe Lightroom to refine your photographs. You will also learn about the history of photography, and methods that photographers use to communicate their ideas. Weekly photo projects will allow you to understand your camera settings, compositional techniques, lighting techniques, and creative seeing. Students will also have the opportunity to invite a family or friend to Mr. Berman's studio to practice portraits.

*Students will need to provide their own DSLR/mirror-less camera and subscription to Adobe Lightroom.

CLASS DATES: Mondays, 3/30/26 to 6/1/26 (No class 4/20/26 & 5/26/26) (8 Weeks)

TIME: 5:00 to 6:30 PM

LOCATION: Community Education, Room 1102

TUITION: \$240

NEW!

Basics of Candle Making

Instructor: Rosette Martinez

Join Rosette Martinez of Martinez Candle Studio to learn the basics of candle making. Students will create their very own 7.5 oz candle with a lovely seasonal scent! In addition to making your own candle, Rosette will keep you engaged and entertained with games to play while you wait for your candle to solidify! If the new candles still need more time to cool or if you need to leave a little early, arrangements can be made with the Community Education staff to pick up your candle at a later time.

*All materials are provided and are included in the cost.

CLASS DATES:

Winter Scent Candle	Friday, 1/16/26
Mother's Day Candle	Friday, 5/8/26

TIME: 10:00 am to 1:00 PM

LOCATION: Community Education, Room 1102

TUITION: \$69 (Includes all materials)

NEW!

Cards and Creativity

Instructor: Betty Saccocia

Join this relaxing and creative hands-on paper crafting card class! You will learn to use stamps, inks, designer paper, dyes, embossing folders and embellishments. This class is perfect for crafters at any level! This fun and inspiring class includes step-by-step instructions to create beautiful hand-made cards you will be proud to send to friends and family for any occasion! Each week you will complete four to five projects and will build upon your skills to more advanced techniques. Give yourself a fun, creative break while making one-of-a-kind, heartfelt cards!

*All materials and supplies will be provided. Registration closes 1/7/26.

CLASS DATES: Tuesdays, 1/13/26 to 2/3/26 (4 Weeks)

TIME: 10:00 AM to 12:00 PM

LOCATION: Community Education, Room 1102

TUITION: \$100 (Includes all materials)

Enrichment

Conversational Spanish Level I

Instructor: Lionel Beauvoir

The primary objective of this course is to develop a basic understanding of the Spanish language, including foundational skills in speaking, listening, reading, and writing. Students will learn essential vocabulary and grammar needed for everyday communication, while also gaining an appreciation for the cultures of Spanish-speaking countries.

Registration for this course will close on 1/8/26. Upon receipt of the confirmation email, students will receive links to purchase books to aid in the learning of this course.

CLASS DATES: Thursdays, 1/22/26 to 3/19/26 (No class 2/19/26) (8 Weeks)

TIME: 6:30 to 7:30 PM

LOCATION: Community Education, Room 1103

TUITION: *\$115

*Does not include cost of the books.

Medicare: What You Need to Know

Instructor: Kelly Freitas

Navigating Medicare can feel like a complex and difficult process. Medicare plans don't have to be confusing. This class will break it down for you so you can plan your benefits strategy or help you guide your parents in their choices. Learn the many facets of Medicare Part A, B, C (Medicare Advantage) and D (Prescription Drug Plan and Medigap Supplement plans). Get all our questions answered so you know when, where, and how to start or fix your current plan. This course will help you know how to pick the plan that is best for you.

CLASS DATE: (Choose One at Registration)

Thursday	1/15/26	6:30 to 8:30 pm
Thursday	2/12/26	6:30 to 8:30 pm

LOCATION: Community Education, Room 1103

TUITION: \$5

Optimize your Social Security Money

Instructor: Kelly Freitas

For many, Social Security represents the biggest piece of their retirement income. But for many others, it just represents the biggest puzzle. By doing it right you can add thousands if not hundreds of thousands of dollars to your lifetime income. Whether you are single, married, divorced, widowed, disabled, self-employed, have a child with a disability, have a pension, or are a lawful immigrant you will get your questions answered with Kelly, a registered Social Security Analyst. Such questions may include:

- Should I wait until full retirement age?
- Can I collect benefits based on my spouse or even better, my ex?
- How will Social Security taxation affect me?
- How does my pension affect my benefits, spouse, or dependents?

CLASS DATE: Tuesday, 3/3/26

TIME: 6:30 to 8:30 PM

LOCATION: Community Education. Room 1102

TUITION: \$5

NEW!

Stand Out Online: Make Your Dating Profile Shine

Instructor: Adi B. Reske

Dating apps can feel overwhelming—but they don't have to. In this fun, supportive, no-judgment workshop, you'll learn how to create a profile that sounds like you. We'll cover what makes a great photo, how to write an engaging bio, and small tweaks that can make a big difference in attracting genuine connections. Each participant will leave with a custom, ready-to-use profile, photo recommendations, and practical strategies to make dating apps feel less like a chore and more like a fresh start.

CLASS DATES: Mondays, 2/23/26 & 3/2/26 (2 Weeks)

TIME: 6:00 to 7:30 PM

LOCATION: Virtual Class

TUITION: \$55

Introduction to Aviation

Instructor: Leo Yakirevich

Learn the basics of flight, aircraft operation, communication, navigation, and understanding the nuances of flying in different types of conditions with licensed pilot and certified flight instructor, Leo Yakirevich. This program is for teens and adults with a serious interest in aviation. You will participate in four classroom sessions and will receive an official logbook to track instruction hours. After completion of the four classes, students have the option to contract directly with Mr. Yakirevich for a Discovery Flight in his aircraft from Taunton Municipal Airport in Taunton, MA.

*The optional Discovery Flight is not included in this course. Community Education, Sharon Public Schools and the Town of Sharon bear no responsibility or liability for practical flight participation/instruction. Students interested in the Discovery Flight must contract directly with the instructor.

CLASS DATES: Tuesdays and Thursdays, 3/17/26 to 3/26/26 (2 Weeks, 4 Classes)

TIME: 6:00 to 7:30 PM

LOCATION: Community Education, Room 1103

TUITION: \$145

Wellness and Fitness

Burn Boot Camp

Instructors: Sharon Burn Boot Camp Trainers

Burn Boot Camp workouts are designed for all fitness levels and can be modified up or down. Our strength and conditioning routines push you at any stage of your journey, building both physical and mental strength for true transformation. Each 45-minute workout focuses on different types of training for different areas of the body. You'll never do the same workout twice, and your body will be constantly challenged. No plateaus here.

CLASS DATES: Tuesdays & Thursdays, 3/24/26 to 4/16/26 (4 Weeks, 8 Classes)

TIME: 6:30 to 7:15 PM

LOCATION: Burn Boot Camp, 800 S. Main St., Sharon (Behind Shaws)

TUITION: \$145 (New Price!)

A Mindful Outdoor Experience

Instructor: Susan Novick

Experience the healing power of nature through a mindful outdoor experience. The program is based on Forest Bathing (Shinrin-Yoku), or immersing in the forest. Forest Bathing is a practice developed in Japan found to have physical and mental health benefits. Participants will have a chance to slow down and unwind. You will be guided through mindful breathing, moving and walking. You will be invited to open your senses to your surroundings and experience the natural world in new ways. This is appropriate for anyone that can walk a short distance on an uneven surface. Participants should bring a towel, mat, or portable chair to sit on. In the event of severe weather the program will be canceled. There will be no rain dates.

CLASS DATES:

Friday, 1/9/26
Thursday, 2/12/26
Sunday, 3/15/26
Thursday, 4/30/26
Friday, 5/15/26

TIME: 10:30 AM to 12:00 PM

LOCATION: Moose Hill Wildlife Sanctuary

TUITION: \$25 per class

NEW!

Unwind Within: Introduction to Meditation

Instructor: Rashmi Shetty

You don't have to quiet your mind to meditate, you just have to begin. Join Rashmi Shetty, Chopra certified meditation and Ayurvedic health instructor, for a calming and practical introduction to meditation. Discover how meditation helps reduce stress, improve focus, and bring balance to your everyday life. This one night virtual class will cover what meditation really is (and isn't), common myths, two simple breathing techniques and practice a gentle silent meditation.

CLASS DATE: Wednesday, 1/21/26
TIME: 7:00 to 8:00 PM
LOCATION: Virtual Class
TUITION: \$35

Vinyasa Yoga

Instructor: Rashmi Shetty

Vinyasa is a type of yoga that links movement and breath to attain balance in the mind and body. From the Sanskrit "to place in a special way" Vinyasa aligns a deliberate sequence of poses with the breath to achieve a continuous flow. Participants should have a yoga mat or a large towel, and water. This class is appropriate for all levels.

CLASS DATES: Tuesdays, (8 Week Sessions)

Winter	1/20/26 to 3/17/26 (no class 2/17/26)
Spring	3/31/26 to 5/26/26 (no class 4/21/26)

TIME: 7:00 to 8:15 PM
LOCATION: Sharon Middle School Fitness Room
TUITION: \$95 per session

Yoga for Seniors

Instructor: Lisa Orkin

Learn yoga postures and breathing exercises on a yoga mat or seated in a chair. Yoga means "union," and is a great way to stretch, relieve stress, and practice breathing exercises to calm your mind, body, and spirit. This class is open to all levels of experience and mobility. Come restore and renew your inner being!

*Please provide your own yoga mat or if you would like to participate from a chair, one will be provided.

CLASS DATES: Thursdays, (10 Week Sessions)

Winter	1/8/26 to 3/19/26 (no class 2/19/26)
Spring	4/2/26 to 6/11/26 (no class 4/23/26)

TIME: 10:30 to 11:30 AM
LOCATION: Community Education, Room 1102 & 1103
TUITION: \$80 per session

Pilates on the Mat

Instructor: Grant Keith

Pilates is a unique system of training in which the body, mind, and spirit work together. Focusing on your core, or powerhouse, it will improve posture, strength, flexibility, balance, and stamina. You gain body knowledge that will help you correct wrong postures, restore vitality, and elevate your spirit. The benefit of Pilates is easily transferred into your daily life tasks. The workout consists of a series of exercises performed on a mat, using just your body. This class is suitable for those new to Pilates or advanced students. Students should wear comfortable fitting clothes and bring an exercise mat, a towel, and a water bottle.

CLASS DATES: Thursdays, (8 Week Sessions)

Winter	1/22/26 to 3/19/26 (no class 2/19/26)
Spring	3/26/26 to 6/4/26 (no class 4/2/26, 4/23/26 and 5/28/26)

TIME: 6:30 to 7:30 PM
LOCATION: Sharon Middle School, Fitness Room
TUITION: \$75 per session

Indoor Pickleball

Instructor: Pratyush Shukla

This recreational program is for players with intermediate to advanced pickleball skills. We will set up two pickleball courts and will group players with comparable skills to make it enjoyable for all. Players will need to provide their own racquet/balls, and be ready to play and have fun! Limited to 10 players.

CLASS DATES: Fridays, 1/16/26 to 3/13/26 (8 Weeks) (No class 2/20/26)
TIME: 7:00 to 9:00 PM
LOCATION: Heights Elementary School, Gym.
TUITION: \$89

Women's Recreational Basketball

Instructor: Sara Cohen & Christine Sooklal

Women (18+) are invited to play in our recreational basketball league. No prior experience necessary, although this program is not instructional. Players should be familiar with the rules of the game and be ready to play and have fun!

CLASS DATES: Thursdays, 3/26/26 to 6/4/26 (8 Weeks) (No class 4/2/26, 4/23/26 & 5/7/26)
TIME: 7:00 to 9:00 PM
LOCATION: Cottage St. Elementary, Gym
TUITION: \$69

Men's Basketball

Instructor: Dave Dubois

A friendly class for experienced basketball players over the age of 30. Players are divided up into new and evenly balanced teams each week, and matched up against individual opponents of similar skills and ability. All players and teams get equal playing time. Players should be in good physical condition. Limited to 30 players.

CLASS DATES: Sundays, 3/8/26 to 5/31/26 (12 Weeks) (No class 4/5/26)
TIME: 8:00 to 10:00 AM
LOCATION: Sharon High School, Gym.
TUITION: \$155

Recreational Co-Ed Basketball

Instructors: David Chu & David Gorvine

Do you dream of being an aspiring NBA STAR or play for the love of the game? Looking for an activity that will offer you exercise and enjoyment at the same time? Don't be misled; this recreational program is designed for the more serious player at all skill levels. We don't SLAM DUNK, RUN FAST, OR ALWAYS HIT OUR SHOTS, but, we manage to have fun. Players are divided up into evenly balanced teams each week, and all players get equal playing time. New players will learn essential basketball rules and practical tips, helping them immediately join the action and have fun. It is also an opportunity to meet some great people in a relaxed atmosphere. Limited to 20.

CLASS DATES: Mondays, 1/12/26 to 6/1/26 (17 Weeks) (No class 1/19/26, 2/16/26, 4/20/26 & 5/25/26)

TIME: 7:30 to 10:00 PM

LOCATION: Cottage St. Elementary, Gym

TUITION: \$215

Monday Badminton

Instructor: Yi Zhou

This Co-Ed class is for beginner to intermediate players looking to improve their skills. All play is in accordance with the rules of the Badminton World Federation (BWF). Please indicate "Monday Badminton" on the Registration Form. Please bring your own shuttles. Limited to 8 players. Ages 15+ welcome.

CLASS DATES: Mondays, (8 Week Sessions)

Winter	1/26/26 to 3/23/26 (no class 2/16/26)
Spring	3/30/26 to 6/1/26 (no class 4/20/26 & 5/25/26)

TIME: 7:30 to 10:00 PM

LOCATION: Sharon Middle School, Gym

TUITION: *\$105 per session

*50% discount for Seniors & Town Employees.

Tuesday Badminton

Instructor: Ranjit Shetty

This Co-Ed class is for people familiar with the rules of the sport of badminton. This course is for beginner-intermediate level players who wish to play and have a good time on Tuesday evenings. There will be pickup games in accordance with the Badminton World Federation (BWF) rules. Please indicate "Tuesday Badminton" on the registration form. Please bring your own shuttles. Limited to 8 players. Ages 15+ are welcome.

CLASS DATES: Tuesdays, (8 Week Sessions)

Winter	1/20/26 to 3/17/26 (no class 2/17/26)
Spring	3/31/26 to 5/26/26 (no class 4/21/26)

TIME: 7:30 to 10:00 PM

LOCATION: Sharon Middle School, Gym

TUITION: *\$105 per session

*50% discount for Seniors & Town Employees

Badminton Intermediate

Instructor: Xiaodong Tian

This Co-Ed class is designed for players familiar with the rules of the sport of badminton, but who have little or no competitive experience. This is an instructional course for people who wish to gain some experience and sharpen their skills. All play is in accordance with the Badminton World Federation (BWF). Please bring your own shuttles. Limited to 8 players.

CLASS DATES: Wednesdays, (8 Week Sessions)

Winter	1/21/26 to 3/18/26 (no class 2/18/26)
Spring	4/1/26 to 5/27/26 (no class 4/22/26)

TIME: 7:30 to 10:00 PM

LOCATION: Sharon Middle School, Gym

TUITION: *\$105 per session

*50% discount for Seniors & Town Employees

Intermediate Volleyball

Instructors: Virginia Bradley & Eric Wang

This Co-Ed class is designed for players who have a full understanding of the rules of volleyball and are familiar with a "4-2 rotation," and who have little competitive experience. Players will sharpen their skills through scrimmages and pickup games. All play is strictly in accordance with the United States Volleyball Association ball-handling rules. Limited to 18 players ages 15+.

CLASS DATES: Mondays, (8 Week Sessions)

Winter	1/12/26 to 3/16/26 (no class 1/19/26 & 2/16/26)
Spring	3/30/26 to 6/1/26 (no class 4/20/26 & 5/25/26)

TIME: 7:30 to 10:00 PM

LOCATION: Sharon Middle School, Gym

TUITION: *\$105 per session

*50% discount for Seniors & Town Employees

Volleyball: Power

Instructor: Eric Wang

This Co-Ed class is for experienced players with well-developed ball-handling skills. All play is in accordance with USVBA rules. Although the class is administered as a "pickup" organization, all play is at the competition level (approximately level C). Players registering for the first time must have the instructor's approval. **Important Note:** Players with little experience should consider the Monday night Intermediate Volleyball class. Ages 18+ welcome.

CLASS DATES: Tuesdays, (8 Week Session)

Winter	1/20/26 to 3/17/26 (no class 2/17/26)
Spring	3/31/26 to 5/26/26 (no class 4/21/26)

TIME: 7:30 to 10:00 PM

LOCATION: Sharon Middle School, Gym

TUITION: *\$105 per session

*50% discount for Seniors & Town Employees

Volleyball: Advanced
Instructor: Denny Aldrin

This recreational class is for players with intermediate to advanced ball handling skills. This course is for individuals who wish to refine their skills and extend their appreciation of volleyball through pick up games. Coordinator approval will be required for new participants. Please specify "Volleyball-Advanced" on the registration form. **Important Note:** Players with little experience should consider Intermediate Volleyball on Mondays. This class is for advanced players only. New players will be contacted by the coach to assess skill level. Limited to 15 players.

CLASS DATES: Wednesdays, (8 Week Sessions)

Winter	1/21/26 to 3/18/26 (no class 2/18/26)
Spring	4/1/26 to 5/27/26 (no class 4/22/26)

TIME: 7:30 to 10:00 PM

LOCATION: Sharon Middle School, Gym

TUITION: *\$105 per session

*50% discount for Seniors & Town Employees

Zumba
Instructor: Anna McNamara

Dubbed the world's largest fitness party, the 60-minute heart pumping, dance-loving goodness has an open invite to all. Participants of any skill and fitness level are welcome! You will get a good sweat on and leave with an endorphin rush that has you craving more. Depending on how much you exert yourself, expect to burn anywhere between 600-1000 calories!!!

CLASS DATES: Mondays, (8 Week Sessions)

Winter	1/12/26 to 3/16/26 (no class 1/19/26 & 2/16/26)
Spring	3/30/26 to 6/1/26 (no class 4/20/26 & 5/25/26)

TIME: 7:00 to 8:00 PM

LOCATION: Heights Elementary, Gym

COST: *\$99 per session

*50% discount available for Seniors & Town Employees

Zumba Toning
Instructor: Anna McNamara

Zumba Toning incorporates aerobics, dance, and weights in one fun-filled 60 minute class! All you need is a set of small hand weights (1lb or 2lb), comfortable clothes, sneakers and water to join the party!

*Students should bring their own hand weights (1 or 2lbs max). Zumba brand offers Toning Sticks, but regular hand weights work just as well.

CLASS DATES: Thursdays,

Winter	1/22/26 to 3/19/26 (No class 2/19/26)
Spring	3/26/26 to 5/28/26 (No class 4/2/26 & 4/23/26)

TIME: 7:00 to 8:00 PM

LOCATION: Heights Elementary, Gym

COST: *\$99 per session

*50% discount available for Seniors & Town Employees

Teen College Prep

SAT Bootcamp: Reading/Writing
Virtual Class

Instructor: Travis Minor

The Reading and Writing section of the SAT tests students' ability to comprehend challenging texts, their knowledge of the rules of English grammar, and their ability to construct well-crafted arguments. In this three-day class, students will learn smart, intuitive strategies that help them improve their accuracy while managing their time effectively. We will cover the full scope of question types in the Reading section of the SAT, and we will review all of the grammar rules that students need to know for test day.

All students will receive Open Door Education's guides to the Reading and Writing sections of the SAT, as well as one free practice test.

CLASS DATES: (Choose one at registration)

February	2/17/26, 2/18/26 & 2/19/26
April	4/21/26, 4/22/26 & 4/23/26

TIME: 10:00 AM to 12:00 PM

LOCATION: Virtual

TUITION: \$475

SAT Bootcamp: Math *Virtual Class*
Instructor: Travis Minor

The SAT Math section covers a wide range of content, and students need to be prepared to answer questions from across the full spectrum of math they have learned. Students enrolling in this class will review the core content that they need to know, they will learn dynamic strategies that help them answer even the most difficult questions, and they will develop the ability to recognize common patterns in how the SAT attempts to create difficulty so that they are well-prepared for test day.

All students will receive Open Door Education's guide to the Math section of the SAT as well as one free practice test.

CLASS DATES: (Choose one at registration)

February	2/17/26, 2/18/26 & 2/19/26
April	4/21/26, 4/22/26 & 4/23/26

TIME: 1:00 to 3:00 PM

LOCATION: Virtual

TUITION: \$475

Interested in both Bootcamps? Sign up for the bundle and save \$100!

The SAT, The ACT, and You: Everything You Need to Know About College Admissions Testing

Instructor: Travis Minor

The landscape of college admissions testing continues to evolve, and many parents and students are understandably uncertain about what these changes mean for them. This class will identify and unpack the major issues relating to testing so that you can help develop a smart, effective, and informed plan for your student. Attendees will gain an understanding of the differences between the SAT and ACT, the keys to building a testing timeline, the changing role of tests in college admissions, and the essential components of impactful preparation. Reduce stress by developing a strategic plan for your student's bright future!

CLASS DATE: Thursday, 1/15/26

TIME: 7:00 to 8:00 PM

LOCATION: Community Education, Room 1103

TUITION: \$15

NEW!

**College Admissions and Success
Strategies for Students with Learning
Differences *Virtual Class***

Instructor: Dr. Eric Endlich

Students with learning differences bring unique strengths and face unique challenges in the college admissions process and beyond. In this workshop, Dr. Eric Endlich, founder of Top College Consultants, will join Travis Minor of Open Door Education to share insights about how to identify colleges that provide the right academic, social, and emotional supports. Families will learn about the range of resources available, how to evaluate schools, and what students can do to set themselves up for success from application through graduation. The session will conclude with an open Q&A.

CLASS DATE: Tuesday, 3/24/26
TIME: 7:00 to 8:00 PM
LOCATION: Virtual Class
TUITION: \$5

NEW!

**Charting Your Course: Preparing for a
Career in Veterinary Medicine *Virtual
Class***

Instructors: Emma and Margaret Szegvari

Join DVM/PhD student Emma Szegvari and college admissions expert Margaret Szegvari for an engaging session on exploring pathways to a career in veterinary medicine. Students will learn about the academic and experiential steps that lead from high school to veterinary school, including how to build a strong application, select the right undergraduate program, and gain relevant hands-on experience. Emma will share insights from her personal journey and offer practical advice to help students prepare for a fulfilling career in animal care.

CLASS DATE: Thursday, 4/16/26
TIME: 7:00 to 8:00 PM
LOCATION: Virtual Class
TUITION: \$15

**SAT ADVANCED Bootcamp *Virtual
Class***

Instructor: Travis Minor

The ADVANCED SAT class is intended for students who have previously scored at least 1300 on the SAT. During this eight-session class, students will focus on the most challenging question types, the most difficult content areas, and the most important strategies for high-scoring students. This class will provide rigorous practice for the Reading/Writing and Math sections of the SAT.

CLASS DATES: Tuesdays and Thursdays,
5/12/26 to 6/4/26 (8 Classes)
TIME: 7:00 to 8:00 PM
LOCATION: Virtual Class
TUITION: \$675



Mark Your Calendars!

**Stay up to date on our children's
programming so you don't miss a
chance to register!**

Registration Dates:

- Friday, 1/30/26 at 9:00 am: STAR Camp and CREATE Camp
- Wednesday, 2/25/26 at 9:00 am: Term 3 Enrichment.
- Monday, 3/9/26 at 9:00 am: Before Care & After Care for the 2026/2027 school year. (Current Before & After Care families will need to register for the next school year. Registration does not roll over)

For quick and efficient registration for these programs, please create a Community Pass Account in advance listing your children's names, age, grade, and school. We also recommend having your child's insurance, pediatrician, dentist, allergy and pertinent health information available.



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- Construction and Trades
- Health and Fitness
- Hospitality
- Information Technology

- Language
- Legal Studies
- Math and Science
- Teacher Professional Development
- Test and Exam Prep
- Writing and Editing

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2401-1505-B-2402

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- Certification of Capability in Business Analysis (CCBA) Prep
- Certified Brand Strategist
- Certified Business Analysis Professional (CBAP) Prep
- Certified Wedding Planner
- Chartered Tax Professional

- Arts and Design
- Business

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- Financial and Career Coach (Exam Included)
- Hotel Management
- Hotel Management with Executive Housekeeper
- NASM Certified Personal Trainer + Corrective Exercise (Vouchers Included)
- NASM Corrective Exercise Specialist (CES) (Exam Included)

COURSE CATEGORIES:

- Computer Science
- Health and Fitness

- Peer Support Specialist
- Plan de Estudios del Curso de Certificación de Organización de Bodas y Eventos
- Professional Interpreter
- Professional Recovery Coach
- Social Service Assistant
- Web Design Professional

- Hospitality
- Language

To learn more and enroll, visit:

careertraining.ed2go.com/sharoned

2405-1555-B

Instructor Bio's

Denny Aldrin is a Sharon resident and avid volleyball player.

Virginia Bradley has been playing Volleyball with Adult Ed for years and took over for the former instructor in 2021.

Kelly Freitas is an AHIP licensed Medicare Advisor and a registered Social Security Analyst who is passionate about helping people navigate the Medicare and Social Security.

Rosette Martinez is a candler and floral arranger. Inspired by life's trials and tribulations, she believes that illumination and scent are the essences of our absolute truth that help us transform our homes, spark our memories, and lift our moods. As a Latina woman owned business, she is committed to delivering a quality product that creates an ambient environment that makes you feel calmer and less stressed. You can learn more about her and her products at www.martinezcandlestudio.com.

Anna McNamara is a certified Zumba instructor who loves teaching Zumba classes. The reason is simple: Every class feels like a party!

Susan Novick is Kripalu Certified as a Mindful Outdoor Guide. Sue has a lifelong interest in the outdoors and is passionate about guiding people to find new ways to connect with nature.

Lisa Orkin is a certified Kripalu yoga instructor and occupational therapist. She has studied in India and has taught yoga classes to children and adults in schools, gyms, and at corporate events.

Adi B. Reske has spent over 20 years in marketing, helping brands tell compelling stories that connect with the right audience. Now, she applies those same skills to online dating, helping people craft dating profiles that feel genuine, engaging, and uniquely them. A Wellesley resident, Adi took on dating as a personal challenge after her pandemic divorce and quickly realized that most dating profiles read like uninspired resumes. Using her expertise in storytelling, she developed a fresh, no-judgment approach that makes the process fun, interactive, and wildly effective. She believes that the best dating profiles aren't just lists of hobbies and traits - they tell a story that sparks real connection.

Betty Saccocia has been teaching card making for 24 years. It never gets old!

Ranjit Shetty has played badminton since childhood. Badminton games can be fun and intense at the same time. It is a good workout.

Rashmi Shetty is a software professional with a passion for yoga. She has been practicing yoga for many years and believes yoga is a way of life and would like to share it with the community. Rashmi is a certified yoga instructor having completed 200 hours of training.

Pratyush Shukla is a Sharon resident and sports enthusiast. He loves playing volleyball, tennis, and pickleball.

Xiaodong Tian is a civil engineer with a passion for badminton. Like many Chinese, he started playing badminton as a little kid and kept playing as a hobby throughout his whole life. He enjoys the game that increases fitness, agility, strength, speed, and precision. More importantly, badminton is really fun. Xiaodong is looking forward to meeting new friends on the court.

Eric Wang is a Sharon resident and long time player of Volleyball: Power who has experience assisting program coordinators.

Nickie Welsh earned her B.A. in Communication Studies from Iowa State University. Her great passion is teaching adults how to easily utilize technology to connect with their family and friends. Every single person has a unique learning style so she strives to make technology useful for all!

Leo Yakirevich is a licensed pilot and certified flight instructor. His passion for flying began as a teenager and he is very happy to have the opportunity to share his knowledge with others.

Yi Zhou has been playing Badminton since high school for over 30 years. It is a fun and high demand sport.

Additional instructor biographies can be found by visiting our online catalog at www.sharoncommunityeducation.com.



REGISTRATION FORM

NAME _____

EMAIL _____

PHONE NO _____

D.O.B. _____

ADDRESS _____

PROGRAM _____

PROGRAM _____

COST _____

PAYMENT METHODS



All major credit cards are accepted online or by phone.



Checks should be made payable to: Town of Sharon-Community Ed.



Cash can be accepted at the Community Education Office. Exact amount only please.

REGISTRATION METHODS



Online by visiting:
www.sharoncommunityeducation.com



Mail to: Office of Community Ed
181 Pond St., Sharon, MA 02067



Drop Off to: Community Education
181 Pond St., Sharon, MA 02067



Call Sara Norton at:
(781) 784-1574 x5

PROGRAM POLICIES

Refund Policy: Due to prior financial obligations, tuition is non-refundable. Refunds will only be given in the event of class cancellation, a medical limitation (a doctor's note is required), or if the class is over-subscribed. Classes are not made up due to participant's absence, but will be made up in the event of instructor absence or weather and emergency cancellations. Refunds are subject to a processing fee.

Course Cancellations/Substitutions: Sharon Community Education is a self-supporting branch of the Sharon Public Schools. Classes that do not have sufficient enrollment to pay the cost of conducting the course cannot be held. Sharon Community Education reserves the right to cancel any course due to low enrollment or substitute for a listed teacher. If a class needs to be canceled due to low enrollment, you will be notified at least 2 business days prior to the start of class via email.

Discounts: Senior Citizens (65 years of age and over) or Town Employee may enroll in courses for a fee of 50% off the full tuition where indicated under "COST." Tuition is only reduced, not the materials cost or fees. One, Two, or Three night classes are not discounted.

All programs are covered under the Town of Sharon's Liability insurance policy while the programs are in session and occur on town property. Classes that take place outside of town property are covered under that location's insurance policy.



Office of Community Education
Sharon Public Schools
181 Pond Street
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